



Bryony School Newsletter

Spring Term - Issue 51 3rd February 2023

Gymnastics



Year 5 have been learning gymnastics this term, focusing on how to perform a variety of movements on the floor, developing their understanding of the necessary flexibility, strength and control needed to perform the movements successfully.

This week, children have focused on their techniques for leaping and jumping.

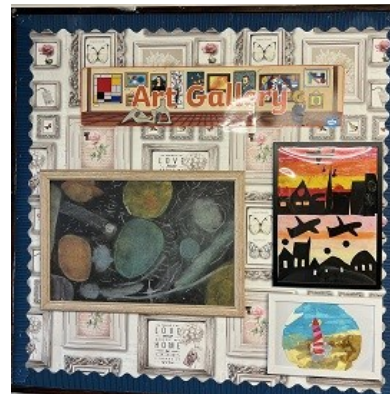


They have been choreographing their own sequences as groups and performing to the rest of the class. They have cooperated to ensure each jump or leap was sequenced correctly and that their movements were synchronised; they also aspired to incorporate complicated leaps and positions to challenge themselves.

Mrs Kilbourne and Miss Jug



Art Galleries



Thank you to everyone who has donated frames towards our **Bryony Art Gallery**.

The infant site now has an art gallery too and looks spectacular!

During our recent Ofsted we had a deep dive in art. The inspector was very impressed with our junior art gallery which displays work from reception to year 6 and could see the progression across the school.

At both sites we can celebrate the art work across the school.

Mrs Foot



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Fundraising Initiative



You may remember that before Christmas Sienna, with the help of her friends, planned to raise money by selling Christmas themed items generously donated by the **O'Connell family**. They had planned to sell the items at the juniors on Friday 9th December which they did but also to bring the sale to the Infants the following Monday... This, however, was not possible due to adverse weather Conditions.

The great news is that the children made **£105** for Sienna's chosen charity **My Shining Star**, a local children's cancer charity.

Well done to Year 4, especially Sienna, Bella, Rosie and Millie, for organising this event.

Mrs Kunwor

The remaining items have been **donated to Friends of Bryony School** who aim to sell these in the run up to Christmas this year!



Extra Curricular News

Atilla came 1st in trampoline and 1st in DMT in the South East Gymnastics Competition!

Well done Atilla that is a fantastic achievement!



Tarkan, from Year 1 also achieved 1st place last week in his very first trampoline competition!

Tarkan, this is absolutely brilliant-well done!



Bella from Year 4 was voted the coach's 'player of the Week' last week at **Emeralds Netball Club** in Rainham.

Bella has had a busy week and has achieved her Level 4 award in swimming too!



Well done Bella! Japanese Club

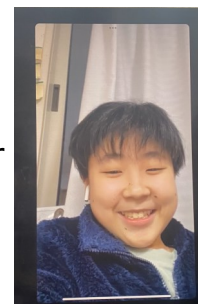
This week in Japanese club we were fortunate enough to speak to a former Bryony School pupil. **Koha**, who remembers many staff, moved back to Japan with her family at the end of year 4.

We were able to practise our Japanese greetings and she taught us days of the week and colours as well telling us about life in Japan.

School hours are 8.15am -4pm and some Saturdays!

None of the children are so keen to move there now!

Mrs Atkins



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Athletics Festival

This week it was the turn of a team from years 3 and 4 to represent Bryony at the PSG indoor athletics event at Medway Park. Again the children took part in both track and field events. The children competed well as a team, giving their best as well as playing fair by supporting each other and applauding other teams from other schools. Out of ten schools that took part Bryony came 3rd. Well done children. Thank you to parents who were able to attend to support the children.

Mr Johnson



Space

Our **Reception** class are learning all about space this term! We have been investigating planets, exploring the galaxy and learning all about amazing astronauts.



The children have enjoyed making space masks! Using different materials, we have been creating some role play stories!

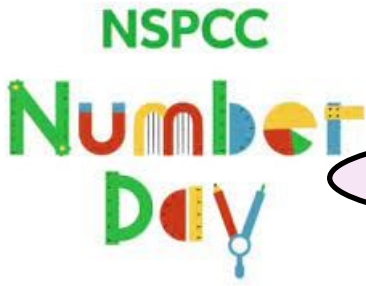
Miss Hills, Mrs Robinson & Mrs Apps



Next term's Junior Clubs w/c 20th February

Day of the Week	Lunchtime/ After School	Type of Club	How to Sign Up	Teacher
Monday	Lunchtime	Library	See Mrs Foot	Mrs Foot
Monday	After School	Tag Rugby Years 3 & 4	Via ParentMail	Mr Johnson
Tuesday	Lunchtime	Japanese Club	See Mrs Atkins	Mrs Atkins
Tuesday	After School	Netball Years 3-6	Via ParentMail	Mrs Atkins
Wednesday	Lunchtime	Homework	See Mrs Foot	Mrs Foot
Wednesday	Lunchtime	Art and Mindfulness	Ongoing	Mrs Kilbourne
Thursday	Lunchtime	Construction	See Mrs Foot	Mrs Foot
Thursday	After School	Tag Rugby Years 5 & 6	Via ParentMail	Mr Johnson
Friday	Lunchtime	Choir	Via ParentMail	Mrs Foot

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The infants have been enjoying lots of number activities today, celebrating NSPCC number day. We started the day with a lovely assembly from **Mrs Paice** where we discussed the importance of numbers:-
Mrs Dyne

It helps us to tell the time.

Sienna

We need to know to count so we can check everyone is here if there was a fire.

Grayson

We wouldn't know how old we are.

Thomas

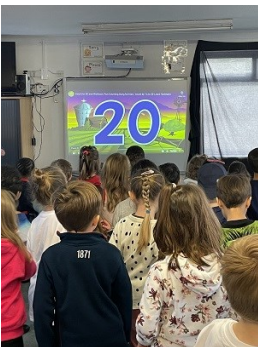
So we can sing the monkey song and check the monkeys are in the zoo.

Kaiden

We need to check money when we go to the shops.

Jack

Key Stage 1 enjoyed a '**Marvellous Maths Quiz**' this afternoon where lots of house points were on offer!

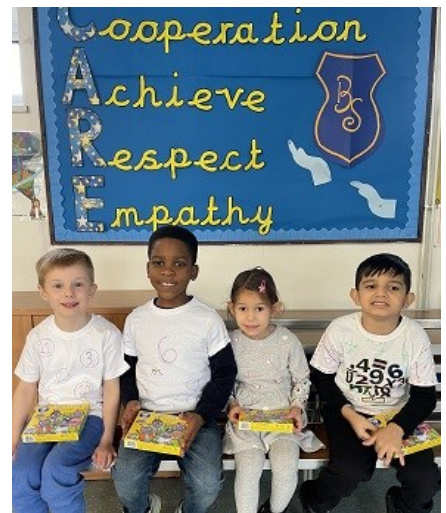


We have enjoyed looking at everyone's outfits, especially the homemade creations!
The winners from each class are:-

The children in EYFS participated in lots of indoor and outdoor activities, including a number hunt around the playground!



Pre-School - Isabelle
Reception - Nihaal
Year 1 - Obarinsola
Year 2 - Laith



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Here are some math day photos. The children had a choice of math games, making 3D shapes from nets to create necklaces or cracking a code. **Mrs Kunwor**



Our Number Day winners are **Bridget, Freya, Samreen and Amelia**

Well done and enjoy your UNO game!



Online Safety

With **Safer Internet Day** coming up next Tuesday, this week's **#wakeUpWednesday** poster focuses on talking to your children about their digital lives and gives parents some great advice on how to start those sometimes difficult conversations..

<https://nationalonlinesafety.com/wakeupwednesday>

Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefits of their positive aspects. At the same time, we do have a responsibility to educate children about the dangers they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject helps to show your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they like and how these work. Adding to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with unknown people, or language even if your child passes for to be funny but could be offensive. How to discuss something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes, about relationships, about how bodies are made, and about sexual health. You can have a conversation about these sensitive subjects when they're likely to be looking online for answers – about what's normal, or with misleading information and, in some cases, lead to them viewing harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you know the facts.

REMEMBER YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who are reluctant to tell a trusted adult about harmful content they've viewed online. In some cases it leads to having their device confiscated. Encourage your child that you're always there to listen and help, reassure them that if they do share harmful content, then they are not to blame – but talking about it openly and honestly. Children shouldn't be expected to be resilient, or to cope alone with what they see. It's their job to prevent it.

KEEP TALKING!

The most sensible advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

When you could give examples from your own digital life of the online world that's not real. For example, those Instagram posts which show the perfect bodies, especially ones that are heavily filtered and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate reactions to what we see online the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to calm yourself with a deep breath and then talk to your child when you are considering your next steps.

CREATE A FAMILY AGREEMENT

Involving your whole household in creating a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, computers and so on, and why they're important, and why it's good to see or experience online (with good intent). Encouraging your own good habits will help children to understand that, as trained adults, we want to make sure they are well informed and kept safe. Having a choice to have their day when coming up with your family agreement also makes them far more likely to stick to it in the long term.

Meet Our Expert

National Online Safety

#WakeUpWednesday

Safer Internet Day 2023

With the theme for this year's Safer Internet Day titled **"Want to talk about it? Making space for conversations about life online"** we decided to instigate conversations with children during their computing lessons this week, encouraging them to discuss their behaviours and habits online.

The activities gave us some insight into their online interests and the opportunity to engage them in conversations around the online world, including how they use different platforms and ways they can stay safe. Online.

Mrs Atkins

For more information about **Safer Internet Day** please follow the link below:-

<https://www.saferinternetday.org/>

Diary Dates

February

Monday 6th - Sunday 12th - Place2Be Child's Mental Health Week

Tuesday 7th - Safer Internet Day

Thursday 9th - Year 6 Swimming, Medway Park

Thursday 9th - MYG Table Tennis, Medway Park

Monday 13th - Friday 17th - Spring Half Term

Monday 20th - Second Half of Spring Term Begins

Thursday 23rd - Year 6 & 4 HSSP Multi Skills Festival, Howard School

Thursday 23rd - Year 6 Swimming, Medway Park Last Session

Friday 24th Year 6 Visit to Sky Academy Studios, Osterley

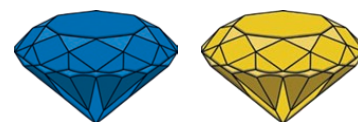
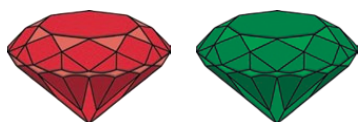
March

Thursday 2nd - World Book Day

Thursday 2nd - Year 4 Swimming, Medway Park - First Session

Friday 3rd - World Book Day - Dress Up Day

Thursday 9th - Year 4 Swimming, Medway Park



Weekly House Point Scores.

<u>Place</u>	<u>House Team</u>	<u>Total Points</u>
1st	Sapphire	408
2nd	Ruby	397
3rd	Emerald	378
4th	Zircon	378

Week 4 and **Sapphire** are top for the week with **Ruby** taking

second place... **Zircon** are top for the term...

Keep earning your points and make sure they get counted.

Well done everyone!

Running House Point Scores.

<u>Place</u>	<u>House Team</u>	<u>Total Points</u>
1st	Zircon	1240
2nd	Sapphire	1180
3rd	Emerald	1172
4th	Ruby	1153

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Reminders

Absence

If your child is absent from school please report this using ParentMail by 8.45 am, if possible.

Uniform

Uniform is available at **Schooltime**
23 Railway Street, Chatham ME4 4HU.
01634 831684 or order online at:
<https://schooltime.co.uk>

Morning and After School Care

If you require morning or after school care please complete the ParentMail form, in advance.

Safer Internet Day

The 7th February is safer internet day, please take time over the weekend if you can, to talk to your children about what they do when they are online. This years theme is "**Want to talk about it? Making space for conversations about life online**" We will be highlighting this during the day at school on Tuesday.

Lost Property

Please **label** all your child's uniform and property. It makes it easier to return lost items. Please show your children where their clothing is named so they don't get muddled up with other peoples belongings



Practicing your spellings will always help you when you have your Spelling tests...

Year 1: 1st - **Obarinsola**
2nd - **Roman**
3rd - **Zara**

Year 2 : 1st - **Evelyn**
2nd - **Magdalena**
3rd - **Mireya**

Year 3 : 1st - **David**
2nd - **Lyla**

Year 4 :

Year 5 : 1st - **Shaarav**
2nd - **Angela**
3rd - **Billy**

Year 6 : 1st - **Bridget**
2nd - **Ayo**
3rd - **Jamie**

Well done to those who have been learning your spellings on **Spelling Shed** and have a place in the top 3!

Well done to **Obarinsola** from Year 1 who achieved **first place** in both Spelling Shed and MathShed



Don't forget to sign in to MathShed for a place in the top 3!

Year 1 : 1st - **Obarinsola**
2nd - **Thomas**
3rd - **Roman**

Year 2 : 1st - **Evelyn**
2nd - **Mireya**
3rd - **Sai**

Year 3 : 1st - **Amelia**
2nd - **David**
3rd - **Lyla**

Year 4 : 1st - **Ava**
2nd - **Darcy**

Year 5 : 1st - **Shaarav**
2nd - **Brendan**
3rd - **Bibiana**

Year 6 : 1st - **Bridget**
2nd - **Gracie**
3rd - **Ayo**

Well done everyone who managed to sign in to **MathShed** this week. Great work and nearly a full house.. Keep practising !